I don't have a job/ I don't have any hours*

I am working less because of COVID**

I am employed and still on the job and I need paid time from work*

Including self-employed, gig workers, and independent contractors

You may be able to use Unemployment Insurance to make up some or all of the difference

Your employer may be able to enter into a worksharing agreement with your state unemployment office

You are sick from COVID or under public health order to stay home

Federal Paid Sick Days

Someone else in my household is sick from COVID

Federal Paid Sick Days

I need to care for someone else in my household

For states that don't, you can receive Pandemic Unemployment Assistance

Some states are participating in the Lost Wage Assistance Program, which provides additional short term money during unemployment. Check with your state to learn more.

I need to care for my child who is out of school/childcare

Federal Paid Sick Days

Paid Emergency Leave

I am still unable to work after using federally available time

Talk to your employer about potential accommodations

I am still unable to work after using federally available time

Some states are participating in the Last Wage Assistance Program, which provides additional short term money during unemployment.

Check with your state to learn more.

Apply for unemployment insurance if you must leave your job

If you do not qualify for regular state unemployment benefits, you may be able to get Pandemic Unemployment Assistance

If you are caring for a child out of school/day care; Up to 12 weeks, up to $200/day total $12,000

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13 more weeks can be covered

You can receive your state's unemployment benefits; they will be paid for by the federal government

Your benefit will be at least 1/2 of your state's regular minimum payment. May be higher

Pandemic Unemployment Assistance is up to 39 weeks of leave

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Check with your state to learn more.

I am a regular employee

Apply for regular state unemployment benefits

I've run out of regular and extended benefits

You will automatically transition to Pandemic Emergency Unemployment Compensation

I am self-employed/contractor/gig worker or am otherwise not qualified for regular unemployment

If you are not eligible for regular state Unemployment Insurance, apply for Pandemic Unemployment Assistance

Some states offer regular unemployment benefits if you lose part of your hours

You may be able to use Unemployment Insurance to make up some or all of the difference

Your employer may be able to enter into a worksharing agreement with your state unemployment office

Some states are participating in the Last Wage Assistance Program, which provides additional short term money during unemployment. Check with your state to learn more.

If you are caring for a child out of school/day care; Up to 12 weeks, up to $200/day total $12,000

Some states are participating in the Last Wage Assistance Program, which provides additional short term money during unemployment.

Check with your state to learn more.

I am self-employed/contractor/gig worker or am otherwise not qualified for regular unemployment

If you are not eligible for regular state Unemployment Insurance, apply for Pandemic Unemployment Assistance

Some states provide regular Unemployment Insurance if you lose part of your hours

For states that don't, you can receive Pandemic Unemployment Assistance

Some states are participating in the Lost Wage Assistance Program, which provides additional short term money during unemployment.

Check with your state to learn more.

13 more weeks can be covered

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Check with your state to learn more.

*This program is for businesses of 500 or fewer; healthcare and emergency workers may not be covered; businesses of 30 or fewer may opt not to offer leave for school closures.

**Undocumented workers are not covered by these benefits.